VIDYA BHAWAN BALIKA VIDYA PITH

LAKHISARAI : 2021

CLASS = 4th A + B

SUBJECT= EVS

DATE :12/04/2021

SUB: TEC: NAINA PASWAN

CHAPTER ---- FOOD WE EAT

Test yourself

Children's add the correct answer of questions given on the 10th April in your copy.

Answer:

- A. write the correct answer (multiple choice question)
- 1--C. Carbohydrate
- 2—A.Fats
- 3-- C. Protein
- 4—A.Carrots
- 5-- B. Water

Today we will solve part ' B ':

B. Choose the correct words .

- 1. Fats give us more energy / energy than carbohydrates.
- 2. Growing children old people need lots of protein.
- 3. Referred refers to the fibres mineral in the food.
- 4. Water/ roughage help to maintain our body temperature.
- 5. In deep freezing food is kept at a very high /low temperature.

CORRECT ANSWERS IS :

- 1- More energy.
- 2- Growing energy.
- 3- Fibres.
- 4- Water.
- 5- Low.

• IN H.W SAME WORK LEARN AND WRITE.